

CROSSFIT KIDS

A fun, safe, and educational
fitness class for kids.

Kids 5-9y

Wednesday/Friday 17h30
Saturday 9h

Pre-teens 9-12y

Tuesday/Thursday 17h30
Saturday 9h

Teens 12-17y

Tuesday/Thursday 17h30
Saturday 9h45

Come join us!

+351 914 497 715

www.crossfitblackedition.pt



**CROSSFIT
BLACK EDITION**